



Choose Happiness

22nd Focus on Women Resource Day

Thursday, April 27, 2017

3:30-8:00 pm

Juneau Community Center

500 Lincoln Drive, Juneau

3:30-8:00 p.m. Booths and exhibits ongoing

Exhibits will be available with information on health education and services provided by area agencies, as well as products to “pamper” the woman in you. A Silent Auction will be held throughout the evening with prizes donated from the booth vendors.

A light buffet prepared by Chef Chanse will be available from 3:30-6:30 p.m. for all registered guests.

Pre-registration is required with a \$10.00 non-refundable registration fee per person.

4:15-5:00 p.m. Inner Voices-Smart Choices

Mary Faktor’s motivational program promotes life balance, relationships, communication, and stress reduction. Mary’s blend of humorous anecdotes, thought-provoking poetry and overhead cartoons makes this inspirational and educational workshop unforgettable — and life changing!

5:30-6:00 p.m. Happiness in Every Bite

Happiness can be found on your plate! Come and enjoy a fun filled food demonstration by Chef Chanse. Watch and learn ways to jazz up those comfort foods that bring joy to your every bite.

6:30-8:00 p.m. The Six Ages of Women

Watch time pass before your eyes as “Vicki” ages 50 years from starry-eyed teen, to dreamy newlywed, to naïve expectant mother, to frazzled housewife/mom, to menopausal career woman, to retired grandma. This performance by Mary Faktor leaves audience members with plenty of laughs and a new realization that life is meant to be enjoyed during every age!

In between the speakers, participants will have the opportunity to visit exhibits and participate in a “Minute to Win It” competition.



Questions? Call (920) 386-2866

This resource day is sponsored by Beaver Dam Community Hospitals, Inc. and coordinated by the following agencies committed to a healthy community: Dodge County Housing Authority, Moraine Park Technical College, UW Extension and YMCA of Dodge County, BDCH, and community members at large.

Focus on Women Registration Form

Name: _____ Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Registration required by April 17, 2017 – first-come, first-served basis. Seating is limited. Registration must include the name, phone and email of all persons attending and a \$10.00 non-refundable per person registration fee.

Checks made payable to: BDCH Focus on Women

Mail registration form and \$10.00 per person to: Dodge County Housing Authority, 491 East Center St., Juneau, WI 53039