

TACO-RICE SKILLET

1½ lbs. ground beef

1½ c. uncooked rice (not instant)

4 c. water

1 c. chopped onion (medium onion)

3 - 4 tsp. chili powder

3 c. chopped tomato (fresh or
canned)

3 c. shredded cheese (12 oz.)

1½ c. shredded lettuce



- ◆ Brown ground meat in a large skillet. Drain and rinse to remove fat.
- ◆ Add rice, water, onion, and chili powder to skillet. Simmer over low heat until rice is cooked, about 25 minutes.
- ◆ Stir in tomatoes.
- ◆ Serve on plates. Sprinkle cheese, then lettuce over top. Serve with taco sauce, if desired.

Refrigerate leftovers.