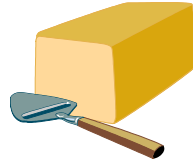


Another Easy Recipe for WNEP...

## Homemade Macaroni & Cheese



4 c. of water

1½ c. uncooked macaroni

8 oz. low-fat cheddar cheese, grated

2 c. nonfat or low-fat milk

2 eggs

½ tsp. salt

¼ tsp. pepper

¼ c. crushed flaked cereal

1. Preheat oven to 350°F. Grease 1½ quart-baking dish.
2. Bring water to a rapid boil in medium saucepan. Add macaroni and boil for 6 minutes. Drain macaroni.
3. In greased baking dish, layer ½ of the macaroni and 1 cup cheese, then rest of macaroni and rest of cheese.
4. In a separate bowl, combine milk, eggs, salt and pepper. Pour over macaroni.
5. Sprinkle with crushed flaked cereal.
6. Bake 45-60 minutes, until top of casserole is golden brown.

Makes 6 servings

Refrigerator leftovers