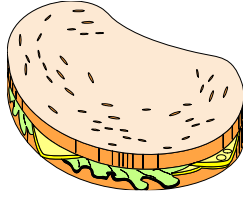


## "Have It Your Way" Sandwich Fillings

2 cups cooked beef, ham or chicken, diced or shredded OR 1 large can tuna, drained and flaked



$\frac{1}{4}$  to  $\frac{1}{2}$  cup mayonnaise (light or fat-free is fine)

Add any of the following:  $\frac{1}{2}$  cup chopped celery, 2 T. chopped onion, 2 T. pickle relish or finely chopped pickles

Mix all ingredients. Spread on bread, tortillas or buns for great sandwiches!

Makes 6-8 sandwiches.