

Sensational Six-Layer Dinner

2-3 raw, sliced potatoes 2 cups sliced carrots
¼ tsp black pepper ½ medium onion, sliced
1 ½ cup green beans 1 can tomato soup
1 pound ground beef, browned and drained

1. Use 2-qt casserole dish or 9x13 baking pan; lightly spray with cooking spray.
2. Layer ingredients in order given. Cover.
3. Bake at 350° F for 45 minutes, or until potatoes and carrots are tender.
4. Uncover and bake 15 minutes more.

Variations: Use peas or corn instead of green beans. Substitute a low-fat cream soup for tomato soup.