

Crunchy Cabbage Salad



- 1 16-ounce bag shredded cabbage or broccoli coleslaw
- 2 cups of mixed vegetables and/or fruits (chopped peppers, shredded carrots; frozen peas, thawed; pineapple chunks or mandarin oranges, drained; or cherry tomatoes, or grapes, halved)
- ½ cup light or low-calorie ranch dressing

1. The cabbage should say it has been washed. If it does not, wash it first by putting it in a colander, rinsing it with water and letting it drain.
2. Add the other vegetables and/or fruits.
3. Stir in the dressing.
4. Cover and refrigerate until serving.
5. Top with broken ramen noodles, if desired

Makes 8 servings, ½ cup each